



Happy Face Skin Care Solutions Ingredients

I wanted to take the time to highlight a few of the ingredients in the Happy Face Skin Care Trio. Many times we buy things, even in health stores, that we think are helping us, and we have no clue about the ingredients or how they work in our bodies

and on our skin. One of my biggest complaints with the skincare industry is that they use SO MANY fillers that are not needed. You would expect this from low-end brands, but even the very high-end brands do the same thing, and so do some of the 'All Natural' brands.

It can be so frustrating when you see this happening over and over. One thing I would like to mention is there is not one single filler in these three products- not one! Everything that goes into them has purpose and reason, and while I could go into lots of detail with each ingredient; I am not going to. I want to give you 'nuggets' of practical information that will inspire you to search for yourself.

So let's go over some of them.

Marula Oil- very light on the skin, highly absorbent and nongreasy. This oil will not clog your pores. It is rich in essential fatty acids which are critical for proper skin cell renewal. Marula is very high in antioxidants which destroy free radicals that cause our skin cells to degenerate prematurely. This oil is high in Vitamin C and E. It is a Trojan horse...ask me details.

Evening Primrose Oil- helps to balance the skin's pH. High in omega 6-fatty acid which helps to ease eczema and psoriasis; known for its ability to help soothe wrinkles; has potent levels of antioxidants which again stop free radicals from prematurely aging skin.

Meadowfoam Seed Oil- helps to keep skin flexible; is nongreasy and will not clog pores; anti-inflammatory- helps to reduce blotchiness and skin irritations; great for eczema; very helpful for preventing acne as well and blackheads.

Argan Oil- a natural moisturizer that rehydrates skin; is good for all skin types and will not clog pores; it is great for people who have sensitive skin; high levels of nutrients in Argan oil help to balance out combination skin. Argan decreases fine lines and wrinkles; helps to control sebum production which helps to reduce acne flare-ups in oily skin; is Vitamin E rich; increases elasticity; helps to fade age spots and helps assist skin cell renewal.

Shea Butter- reduces wrinkles, age spots, helps to arrest oxidative stress; Shea penetrates every layer of the skin; has an SPF of 6; soothes the skin, and improves elasticity.

Hyaluronic Acid- increases skin moisture and greatly reduces the appearance of fine lines and wrinkles. Topically it reduces redness as well as dermatitis.

Caffeine- potent antioxidant that fights free radicals which make your skin age prematurely; firms and tightens skin and reduces pore size. Boost collagen production of the skin.

Vitamin C- stimulates collagen production; protects the skin from sun damage; reduces under-eye circles; reduces skin discoloration; helps the skin to look younger by improving hydration and brightening complexion; speeds up healing of sunburnt skin

Aloe Vera- is rich in Vitamin's E and C which bring out anti-aging properties; helps to reduce acne irritations; lightens blemishes; improves skin elasticity; increases collagen production; repairs and regenerates new skin cell growth.

Olive Oil- reduces the damage of ultraviolet rays on the skin; antibacterial; helps to maintain an even-tone with blotchy skin; great moisturizer delivering Vitamin E to deeper layers of the skin; fights free radicals helping to smooth fine lines and wrinkles as well as reducing age spots.

Hemp Oil- anti-aging; regenerates skin's protective layers; helps to prevent psoriasis; locks moisture against the skin.

Castor Oil- antimicrobial and anti-inflammatory; Ricinoleic acid inhibits growth in bacteria that cause acne; lubricates and tones skin.

Coconut Oil- boost collagen production; accelerate wound healing; slows down skin aging due to high levels of antioxidants; excellent moisturizer to the skin.

Vegetable Glycerin- draws oxygen into the skin; excellent moisturizer maintains water balance in the skin.

Rose Petals- This is one of my most-loved plants of all time. It has so many uses for our bodies, both inwardly and outwardly, that I couldn't be without it. Rose can help you release traumatic memories. It reduces the appearance of fine lines and wrinkles; is a potent antioxidant to prevent premature aging; is very high in many different nutrients such as vitamin C and E; it helps to reduce the look of scars and help minimize the look of blotchy red skin.

Helichrysum- Another favorite of mine because it helps do some beautiful things for our bodies and minds. Helichrysum helps relieve emotional trauma as well as helping to foster forgiveness. It brings emotional balance in the body and is a powerful antidepressant. As you know, emotions play havoc on the skin, but helichrysum helps to heal our skin. It reduces the appearance of scars and plays a massive role in reducing the appearance of wrinkles and fine lines.

Calendula- It increases positive blood flow to your skin allowing wounds to heal more easily. Calendula offers powerful antioxidant protection helping to reduce fine lines and wrinkles as well as age spots.

Geranium- regenerates skin cells; helps bruising heal; reduces the appearance of scars and blemishes; helps speed wound healing; repels insects; promotes sense of security; helps bring emotional balance; as well as stimulates the imagination — all reason to say yes to this amazing plant.

Tea Tree/ Melaleuca- antibacterial; anti-fungal; antiseptic; good with reducing blemishes; help sunburns to heal quickly; helps to reduce acne breakouts; protects against radiation damage.

Palm Rosa- moisturizes and tones skin; promotes cellular growth and regeneration; reduces blemishes; helps to soothe eczema

Lavender- is the mother of all plants, in my opinion. It might be easier to write down what it does NOT do than what it does just because it does so many things. Lavender is calming to the skin; helping to tighten and tone; reduce scarring as well as hyperpigmentation; helps reduce acne breakouts; decrease fine lines and wrinkles; as well as blotchiness. Lavender not only is calming to irritated skin but also irritated souls. It helps to relieve anxiety AND depression. Headaches do not stand a chance against Lavender's soothing analgesic properties.

Sage- reverses signs of aging such as wrinkles; fine lines; and age spots.

Neroli- tones and tightens skin; improves the appearance of blemishes and scars; helps to balance oil production in skin; increases skin elasticity; regenerates skin cells; antimicrobial; helps to reduce the appearance of wrinkles and sagging skin, as well as to reduce the size of facial pores.

Activated Charcoal- draws bacteria, poisons, chemicals, dirt and other micro-particles to the surface of skin, helping you to achieve a flawless complexion and fight acne. Activated charcoal powder is proven to adsorb thousands of times its own mass in harmful substances, which makes it a popular ingredient in skincare.

Carrot Seed Oil- tones skin; antioxidant-rich; reduces age spots; helps to treat sun damage; balances skin's oil production

German Chamomile- accelerates wound healing; reduces blemish and scarring; minimizes the appearance of broken capillaries; reduces redness and fine lines; is a potent antioxidant against premature aging; helps to eliminate anger and frustration; acts as a lovely calming sedative that induces relaxing feelings.

Cannabidiol of Hemp- restores and balances the production of sebum to control acne; powerful antioxidant to prevent premature aging of skin; reduces scarring; reduces wrinkles and fine lines; can be used with sensitive skin.

Rosehip Seed Oil- helps to reduce fine lines and wrinkles; helps to minimize stretch marks and scarring. It is super nutrient-packed with vitamins, antioxidants, and essential fatty acids. I like to say that rosehips are tasty facial vitamins. Rosehip seed oil is known to reduce dark age spots as well as hydrate dry, itchy skin.

I am so happy to be able to share some of the reasons why I believe that the Happy Face Skincare Solutions is the best skincare on the market. After you have used these products for a few weeks I would love to have your feedback.

Thank you so much for attending the party and please feel free to reach out to me.

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